

Abronzino League Under 10 Playing Rules

Abronzino recommended modifications to the FIFA Laws of the Game. FIFA Laws of The Game can be found at www.fifa.com

NOTE: US Youth Soccer (USYS) requires that teams U10 and younger play with not more than eight players on each side. State associations and leagues may adopt any format that does not exceed 8v8.

Players and coaches occupy one side of field. All spectators are on the side opposite the players & coaches.

No alcoholic beverages or tobacco may be consumed or allowed near the playing area.

Law I-The Field: *Dimensions:* The field of play shall be rectangular, its length being not more than 80 yards nor less than 70 yards and its width not more than 50 yards nor less than 40 yards. (*Ignore CYSA-N's 35 yard minimum*) The length in all cases shall exceed the width.

USYS and Abronzino Recommendation: 8v8 Length: 70 yards Width: 50 yards

Markings: Distinctive lines not more than (5) inches wide. A halfway line shall be marked out across the field. A center circle with an eight (8) yard radius. Four corner arcs each with a two (2) foot radius. Goal area: six (6) yards from each goal post and six (6) yards into the field of play joined by a line drawn parallel with the goal line. Penalty area: fourteen (14) yards from each goal post and fourteen (14) yards into the field of play joined by a line drawn parallel with the goal line. Goals: Six (6) feet high and Eighteen (18) feet wide up to Seven (7) feet high and Twenty-one (21) feet wide (*Delgado recommends 7x21*).

Law II-The Ball: Size four (4)

Law III-Number of Players: Maximum number of players on the field at any one time is 8v8 - eight (8) including the goalkeeper. Maximum number of players on the roster should not exceed: thirteen (13) for 8v8. Teams and games may be coed.

Substitutions: Prior to throw-in, in your favor (*note: this rule may change to allow an opponent to substitute also*). Prior to a goal, kick, by either team. After a goal, by either team. After an injury, by either team, when the referee stops the play. At half-time.

Law IV-Players Equipment: Conform to FIFA. Shinguards are MANDATORY. Tennis shoes are allowed.

Law V-The Referee: All rule infractions shall be briefly explained to the offending play.

Law VI-Assistant Referee- May use club linesmen. Three (3) man system required.

Law VII-Duration of the Game: The game shall be divided into two (2) equal halves of twenty-five (25) minutes each. There shall be a half-time break of five (5) minutes.

Law VIII-The Start of Play: Conform to FIFA, with the following exception: Opponent must be eight (8) yards from the center mark until the ball is touched and moved.

Law IX-Ball in and Out of Play: Conform to FIFA- ball must completely cross line to be out of play.

Law X-Method of Scoring: Conform to FIFA- ball must completely past the goal line, between posts and beneath crossbar to count.

Law XI-Off-Side: Conform to FIFA

Law XII-Fouls and Misconduct: Conform to FIFA. All rule infractions shall be briefly explained.

Law XIII-Free Kicks: Conform to FIFA with the following exception: Opponents must be eight (8) yards away before kick is allowed.

Law XIV-Penalty Kicks: NO PENALTY KICKS. Direct kick in the penalty area shall be taken from closest point on the penalty line.

Law XV-Throw-In: Conform to FIFA . One re-throw allowed.

Law XVI-Goal Kick: Conform to FIFA

Law XVII-Corner Kick: Conform to FIFA with the following exception: Opponents must be eight (8) yards away from the ball.

US Youth Soccer Recommendations

Opposing parents/coaches and players should shake hands after each game.

Parent/coaches, non-playing players and spectators should be there to enjoy and encourage the activity of the youngsters